

# RISE & SHINE

**Hot buffet or main course breakfast** including filter coffee, tea, herbal teas and juices – £20 per adult, £10 per child.

Alternatively select **continental breakfast** - £15 per adult, £8 per child.

## HOT BUFFET

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- Pork sausage • Grilled smoked back bacon • Hash brown • Grilled tomato
- Mushrooms • Baked beans • Cornish free-range scrambled egg

## MAIN COURSES

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can be ordered with a member of the team

### VEGETARIAN FULL ENGLISH (V)

vegan sausage, hash brown, grilled tomato, mushrooms, baked beans, Cornish free-range scrambled egg, smashed avocado

### VEGAN FULL ENGLISH (VG)

vegan sausage, hash brown, grilled tomato, mushrooms, baked beans, smashed avocado

### WARM PORRIDGE (V)

fruit compote, honey

### EGGS BENEDICT

toasted muffin, sliced ham, Cornish free-range poached eggs, hollandaise sauce

### EGGS ROYALE

toasted muffin, smoked salmon, Cornish free-range poached eggs, hollandaise sauce

### POACHED EGG, SMASHED AVOCADO (V)

toasted bloomer, avocado, Cornish free-range poached egg

## CONTINENTAL BUFFET

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### HOT BEVERAGES

**JUICES** Orange or apple

**FRESH FRUIT SALAD (V) (VG) (NGCI) (DF)**

**FRUIT YOGHURT SELECTION (V)**

**NATURAL YOGHURT**

**FRUIT COMPOTE**

**PASTRIES (V)**

pain au chocolat, croissant

### CEREAL (V)

Frosties, Rice Krispies, Cornflakes, Coco Pops, Weetabix, Branflakes

### WHITE & BROWN BREAD

Butter, assorted jams & marmalades

### FOR THE KIDS

Pancakes, mini chocolate muffin, mini pain au chocolat, mini croissant

**Non-gluten containing ingredient cereals and bread available along with alternative milks, please order with with the team**

Please advise the team of any intolerances or allergies. Whilst we will advise on dish ingredients, we cannot guarantee against traces or any cross contamination throughout the kitchen. A discretionary 10% service charge will be applied to your bill.

(V) - Vegetarian (VG) - Vegan (VG\*) - Vegan Option Available (NGCI) - Non-gluten containing ingredients (NGCI\*) - Non-gluten containing ingredients Option Available (DF) - Dairy Free (DF\*) - Dairy Free Option Available